



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 09510, Pineapple juice, canned, not from concentrate, unsweetened, with added vitamins A, C and E

Report Date: June 30, 2017 20:59 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ¹	g	87.06	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Energy	kcal	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Energy	kJ	210	--	--	--	--	--	--	--	--	Calculated or imputed	--	07/2015
Protein ^{1 2}	g	0.36	58	0.052	0.23	0.41	1.0	-0.307	1.026	2	Analytical or derived from analytical	--	04/2014
Total lipid (fat) ^{1 2}	g	0.14	38	0.038	0.02	0.19	1.0	-0.341	0.617	2	Analytical or derived from analytical	--	04/2014
Ash ¹	g	0.26	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Carbohydrate, by difference	g	12.18	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Fiber, total dietary ¹	g	0.2	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Sugars, total ¹	g	9.98	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	1.53	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Glucose (dextrose) 1	g	4.65	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Fructose 1	g	3.81	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Lactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Maltose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Galactose 1	g	0.00	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Minerals													
Calcium, Ca 1 2	mg	14	58	4.782	10	24	1.0	-46.353	75.178	2	Analytical or derived from analytical	--	04/2014
Iron, Fe 1 2	mg	0.26	58	0.020	0.17	0.57	1.0	0.003	0.511	2	Analytical or derived from analytical	--	04/2014
Magnesium, Mg 1	mg	11	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Phosphorus, P 1	mg	9	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014

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Potassium, K 1 2	mg	132	35	5.676	85	160	1.0	59.55	203.803	2	Analytical or derived from analytical	--	04/2014
Sodium, Na 1 2	mg	3	50	2.228	0	5	1.0	-25.799	30.823	2	Analytical or derived from analytical	--	04/2014
Zinc, Zn 1	mg	0.11	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Copper, Cu 1	mg	0.028	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Manganese, Mn 1	mg	0.504	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Vitamins													
Vitamin C, total ascorbic acid	mg	31.3	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Thiamin 1 2	mg	0.058	9	0.009	0.04	0.08	1.0	-0.058	0.174	2	Analytical or derived from analytical	--	04/2014
Riboflavin 1 2	mg	0.016	9	0.001	0.01	0.02	1.0	0.003	0.029	2	Analytical or derived from analytical	--	04/2014
Niacin 1 2	mg	0.141	9	0.080	0.02	0.22	1.0	-0.873	1.155	2	Analytical or derived from analytical	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid ¹	mg	0.056	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Vitamin B-6 ¹	mg	0.100	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Folate, total ¹	μg	12	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Folic acid	μg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Folate, food	μg	12	1	--	--	--	--	--	--	--	Analytical or derived from analytical	--	04/2014
Folate, DFE	μg	12	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Vitamin B-12	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Vitamin A, IU	IU	235	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin E (alpha-tocopherol)	mg	0.63	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Vitamin E, added	mg	0.61	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2014
Vitamin D (D2 + D3)	μg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Fatty acids, total saturated	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	04/2014
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	04/2014

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 7c, 2002 Beltsville MD

²Castle and Cooke (Dole) Select nutrients in pineapple fruit and juice, 1979